

CVF/FCV Convention 2008
May 23-25, 2008

**Come to Nova Scotia's
Annapolis Valley**

walk in the Land of Orchards and Tides

**Canadian Volkssport Federation/Fédération Canadienne
Volkssport**



In 2008, the CVF/FCV Convention will be hosted by the Valley Trekkers Volkssport Club. We invite everyone to join us in Wolfville, Nova Scotia, May 23—25, 2008 for “Fun, Fitness and Friendship”.

Contact:

Lynda Kanne

Convention Coordinator
902-847-1772

rick.lynda.kanne@ns.sympatico.ca

Venue:

Acadia University

15 University Avenue
Wolfville, Nova Scotia B4P 2R6
1-800-542-8425

Email: ask.acadiau@acadiau.ca

Web: www.acadiau.ca

CVF/FCV Canadian Volkssport Federation / Federation Volkssport Canadienne
May 23-25, 2008 Wolfville, Nova Scotia
SCHEDULE OF EVENTS

FRIDAY, MAY 23	8 am – 6 pm	Convention Registration	Wheelock Hall
	8 am – 6 pm	General Information Desk	Wheelock Hall
	8 am – 6 pm	Post-Convention Tour Information	Wheelock Hall
	8 am – 6 pm	YRE Walk Registration	Wheelock Dining Hall "B"
	8 am – 6 pm	Convention and Club Displays	Wheelock Lounge
	8:30 am – 5 pm	CVF BOD Meeting	Wheelock Lounge
	7 pm – 10 pm	Meet and Greet (Wine and Cheese) Including Opening Ceremonies	Wheelock Dining Hall
SATURDAY, MAY 24			
	8 am – noon	Convention Registration	Wheelock Lounge
	8 am – 5 pm	General Information Desk	Wheelock Lounge
	8 am – 5 pm	Post-Convention Tour Information	Wheelock Lounge
	8 am – 5 pm	YRE Walk Registration	Wheelock Dining Hall "B"
	8 am – 5 pm	Convention and Club Displays	Wheelock Lounge
	8 am – 5 pm	Silent Auction	Wheelock Lounge
	8 am – 8:50 am	CVF President's Walk Registration	Convocation Hall
	9 am	CVF President's Walk Starts	
	1 pm – 4:30 pm	CVF AGM	KC Irving Centre Theatre
	6 pm – 6:30 pm	Dignitaries Meet	Wheelock Small Loun-
	6:30 pm—10:30	Banquet / Awards Ceremonies	Wheelock Dining Hall
SUNDAY, MAY 25			
	8 am – 2 pm	General Information Desk	Wheelock Hall
	8 am – 2 pm	YRE Walk Registration	Wheelock Hall
	8 am – 2 pm	Convention and Club Displays	Wheelock Hall
	8 am – 8:40 am	Silent Auction (final bids)	Wheelock Hall
	8 am – 8:50 am	Convention Walk Registration	Convocation Hall
	9 am	Convention Walk Starts	
	10 am—1:30 pm	Silent Auction (pick up/pay)	Wheelock Lounge
	11:30 am – 12:30	Open Meeting	KC Irving Centre Theatre
	12:30 pm -1 pm	Closing Ceremonies	KC Irving Centre Theatre
	1:30 pm—4:00 pm	CVF BOD Meeting	KC Irving Centre

CVF/FCV ANNUAL GENERAL MEETING

Saturday, May 24, 2008—1:00—4:30 PM
 KC Irving Environmental Science Centre

The focal point of this convention is the Annual General Meeting. All Canadian Clubs have an opportunity to present motions for consideration at this meeting. Canadian Club Presidents (or their designated proxies) are the voting delegates.



SOCIAL EVENTS		
Friday, May 23 7-10 pm	MEET AND GREET— Wine & Cheese Wheelock Dining Hall	Enjoy Nova Scotian wines and cheeses while mingling with fellow Volkssporters. This is the time to show your club spirit! Wear your Volkssport colours and bring your club banner to be hung during the convention.
Saturday, May 24 6:30 pm—10:30pm	BANQUET Wheelock Dining Room	Enjoy the food and the music East-erners are famous for!
Sunday, May 25 11:30 am —12:30 pm	OPEN MEETING KC Irving Centre Auditorium	Everyone Welcome
Sunday, May 25 12:30 pm—1:00 pm	CLOSING CEREMONIES KC Irving Centre Auditorium	The walking stick will be passed from CVF/FCV Convention 2008 Coordinator to CVF/FCV Convention 2009 Coordinator

YEAR ROUND AND SEASONAL WALKS IN THE ANNAPOLIS VALLEY

Walk information for all our year round and seasonal walks will be available at the convention site.

* The Annapolis Royal walk is part of the Lighthouse Walking Program

COMMUNITY	Distance from WOLFVILLE	STARTING POINT	LENGTH	RATING
WOLFVILLE <i>Home of Acadia University</i>	0 KM	Convention site Wheelock Dining Hall "B"	5 or 10 KM	3A
WINDSOR <i>The Little Town of Big Firsts</i>	22 km	Pockets Restaurant and Lounge, 88 Gerrish Street, Windsor Exit 6 Hwy 101	5 or 10 km	2B
KENTVILLE <i>Shiretown of Kings</i>	11 km	Ultramar Park Street Corner Store, Park Street West 678-5554	5 or 10 km	1B
KINGSTON <i>Home of Nova Scotia's largest Steer Barbeque</i>	47 km	Best Western Aurora Inn 831 Main Street, Kingston Exit 17 Hwy 101	5 or 10 km	1A
ANNAPOLIS ROYAL* <i>Stroll through the Centuries</i>	100 km	John Rodie's Front Porch 644 St. George Street Exit 22 Hwy 101	5 or 10 km	1B
YARMOUTH <i>Walk through Nova Scotia's Historic Seaport</i>	197 km	Yarmouth Tourist Bureau Main Street, Yarmouth	5 or 10 km	2A

In addition to the walks above, there are ten (10) year round and seasonal walks in the Halifax area (i.e. approximately 75 minutes from Wolfville), including the Nova Scotia Capital City Walk and two walks which are part of the Lighthouse Walking Program.



PLANNING TIPS

WEATHER

Nova Scotia weather in early spring can vary to quite a degree. Warm or chilly days, dry and rainy days— 10 degrees C and up are the norm. Bring clothes you can layer and rain togs and you should be fine on the trails! For more details, go to the Environment Canada Weather Centre at: www.ns.ec.gc.ca

TRANSPORTATION to WOLFVILLE

Wolfville is located approximately 100 km from the Airport or Halifax. It takes about one hour by road.

ARRIVAL BY AIR:

Bus service is available from the Airport to Wolfville. Acadian Bus Lines has two daily departures from the airport at 12:00 noon and 5:50 pm. Arrival in Wolfville at 3:05 and 20:15 pm. There is one transfer at the Halifax Bus Terminal for both. Buses also depart Wolfville for Halifax and the airport on a daily basis. Go to www.smtbus.com for current times and fares. 1-800-567-5151 (Senior's discount)

Limousine and car services can be hired and must be booked in advance.

Woods Econo Airport Service 902-542-4495 www.woodslimo.com
Lakeridge Limousine and Tours Ltd. 1-866-209-5336 www.lakeridgelimo.ca
Doogie's Taxi 902-670-6666 (Senior's Discount)
M & G Cab 902-691-2500
CJ's Taxi 902-670-6700

Car Rental Major car rental agencies have offices at the airport.

Airport Pick-Up and Return

In extenuating circumstances, arrangements may be made for participants who notify us of arrival and departure times by April 30, 2008.

ARRIVAL BY TRAIN:

Trains arrive in downtown Halifax. The Acadian Bus Lines depot is conveniently located at the train station. From here you can take the Acadian Lines Bus to Wolfville. (See Bus service details above)

ARRIVAL BY ROAD.

Travelling from the east: take route 101 to Exit 10. Follow route 1 West into the town of Wolfville. Traveling from the west: take Route 101 to Exit 11. Turn left and travel to the intersection with lights. Turn Right and follow Route 1 East into the town of Wolfville.

SPECIAL REQUESTS: Please indicate any special needs / requirements on the Registration Form.

For more information consult www.destination-ns.com.
For detailed map directions log on to www.mapquest.com.

Accommodations

Acadia University is the convention venue. Located in the picturesque town of Wolfville in the Annapolis Valley of Nova Scotia, Acadia has facilities for conference sessions, our banquet, meals and accommodations. Staying "on campus" has its advantages as you are within walking distance of all events. Other accommodations and restaurants are available in the vicinity.

ROOMS at Acadia University

Roy Joudrey Hall \$59.00 single
 \$42.00 shared

Other guest properties:

 \$53.00 single
 \$40.00 double

Room rates are per person. HST (14% is extra)

SUITES at Acadia University

Suites in Roy Joudrey Hall (include ensuite bath)

One bedroom \$ 97.00 (2 guests maximum)
Two bedroom \$182.00 (4 guests maximum)
Three Bedroom \$ 260.00 (6 guests maximum)

Suite rates are per suite. HST (14% is extra)

Parking:

Free parking on campus for conference participants for duration of conference

Reservations:

Individuals to contact the university directly. Rooms will be available two days before and two days following the convention weekend. Phone 1-800-542-8425 or for online reservation www.acadiau.ca. Quote the group's name: "Canadian Volkssport Federation". A credit card will be required to guarantee the reservation.

Other Accommodations

The area in and around Wolfville has many bed and breakfast, country inns, cottages, and motel venues.

For a more complete listing, check the Wolfville website at www.downtownwolfville.com or call Tourism Nova Scotia at 1-800-565-0000 .

EXPLORE NOVA SCOTIA

You may wish to spend time either before or after the conference doing just that!

Nova Scotia has much to offer!

To help with your planning, contact Tourism Nova Scotia at 1-800-565-0000.

Request your own "Doers and Dreamers Guide" and Provincial Road Map. They also have brochures on a variety of other specific interests such as camping, hiking, motorcycling, historic suites, golf, Festivals and Events, B and B's ... ask the representative to send you specific information to help plan your vacation!

PRE CONVENTION WALKS

Thursday, May 22, 2008
Windsor - "The Little Town of Big Firsts"
Year Round Group Walk
Sponsored by the Valley Trekkers Volkssport Club

6:00 pm – 5/10 km – rating 2B

Meet at the Tourist Information Centre, exit 6 off Hwy 101.

Friday, May 23, 2008 –
Blomidon Provincial Park Walk

1:00 pm – 5/10km – rating 3B.

NOTE: This walk will also be offered on Sunday afternoon at 3:00 pm so that those not able to participate on Friday will have the chance to enjoy this walk.

Rising majestically from the shores of the Minas Basin, Blomidon Provincial Park is renowned for its spectacular views. Blomidon's 759 ha (1,875 acres) include 180 m (600 ft.) high cliffs, a variety of habitats, striking natural features, abundant wildlife -- and the world's highest tides wash its shores. These natural attractions provide excellent opportunities for camping, hiking, beachcombing, photography or just appreciating nature. The trails wind through forest habitats of sugar maple, yellow birch, beech, white spruce and balsam fir. At Indian Springs Brook, a cairn commemorates the gift of 162 ha (400 acres) to the park by the late Roy Jodrey. Along the trail you will see views of the Minas Basin and Five Islands Provincial Park, 24 km across the Bay. A short interpretive trail also provides information on the hardwood and softwood forests of Nova Scotia.



POST CONVENTION WALK

Monday, May 26, 2008 –

Cape Split Trail

11:00 am – 14 kms – rating 4C.

(One of many well-known trails and a must to do while in the Annapolis Valley)

Far up the Bay of Fundy, between the Minas Channel and Minas Basin, is a trek that many consider to be one of the most spectacular walks in North America. It is not difficult terrain but the trek takes five to six hours if you travel at a leisurely pace and stop at intervals to enjoy the extraordinary vistas. The path winds through deciduous and coniferous forests, rising gently as it traverses the cape and offers inspirational glimpses of two very different seas. To the west is the Bay of Fundy, raw and exposed with swift tides driving into its cliffs. To the east is the Minas Basin, a green sea of unruffled waters and long red mud flats where even the sunlight is always tranquil.

During the last half mile of the trails, trees fall away and the high moors of the ever-narrowing cape open to a view that makes the long walk so worth taking. From atop the bluffs, the unspoiled sky, the two broad mains, one serene and one churning, and the distance promontories of the Glooscap Trail come together. Here one understands why the Micmacs claim that the original Glooscap, their mythical god, lived on this spot, watching over the "children of light".

After savoring the uplifting power of this panorama, you'll understand why visitors to this part of Nova Scotia always want to return.

POST CONVENTION BUS TOUR

LIGHTHOUSE TOUR

May 27 – June 1, 2008

Join us for a 6-day bus trip through Nova Scotia, Prince Edward Island and New Brunswick completing 9 Lighthouse walks along the way as well as a visit to the Swiss Air 111 Memorial; Peggy's Cove; a Lobster Dinner in Baddeck; a visit to the Fortress of Louisbourg, Cape Breton; ferry crossing from Caribou to Wood Island PEI; drive from PEI to New Brunswick on the Confederation Bridge and return to Nova Scotia via the Princess of Acadia Ferry, Saint John NB to Digby NS. Further info can be found on separate sheet in your package or visit our website.

Conference
Logo

When ready

Mail-In Registration Form
Online Registration available at
www.eventsonline.ca
CVF/FCV Convention 2008
"Walk in the Land of Orchards and Tides"
May 23-25, 2008 Wolfville, NS



IDENTIFICATION (Complete one form per person) Date: _____

Last Name: _____ First Name: _____

Street / PO Box: _____

City/Town: _____ Province/State: _____ Postal /Zip Code: _____

Telephone: _____/_____/_____ Email: _____

Club Name: _____

Are you planning on attending the AGM? Yes/No _____ Are you a club delegate? Yes/No _____ CVF Official? Yes/No _____

Special requests? _____

CONVENTION REGISTRATION (Canadian Dollars)

• Registration Fee		16.00
• Friday— Meet and Greet (Wine and Cheese)	15.00	_____
• Saturday— Banquet (limited seating) <u>Circle Banquet Choice:</u> Chicken Kiev Roast PorkLoin Baked Haddock	38.00	_____
• Less Early Bird discount (prior to Feb. 28, 2008)	(5.00)	_____

WALKS

• SATURDAY CVF President's Walk		
Credit	2.00	_____
Pin and Credit	6.00	_____
• SUNDAY Convention Walk		
Credit	2.00	_____
Pin and Credit	6.00	_____

CONVENTION SOUVENIRS

• Convention T-Shirt (circle size) S M L XL XXL	16.00	_____
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TOTAL COST

Office Use Only:

Date Rec'd:

Reg.i#:

Comments:

No Refund After

April 30, 2008

Confirmation will be given for
Mail-In Registrations received
prior to April 30, 2008

Please make CHEQUE or MONEY ORDER in Canadian dollars payable to: **Valley Trekkers Volkssport Club.**

Mail to: Valley Trekkers Volkssport Club—Convention 2008, P.O. Box 1035, Greenwood, NS B0P 1N0

Post-convention information is available on the Convention website www._____ or by contacting the
Valley Trekkers Volkssport Club at the address above.